

University of Pretoria Yearbook 2021

Sports practical (Basic) 150 (JRC 150)

Qualification	Undergraduate
Faculty	Faculty of Education
Module credits	32.00
NQF Level	05
Programmes	Higher Certificate in Sports Sciences
Contact time	5 practicals per week
Language of tuition	Module is presented in English
Department	Humanities Education
Period of presentation	Year

Module content

Sport-specific skills, team situation; rules and regulations, refereeing; game analysis; coaching. The main focus of this practical module is to provide students with exposure to exercise delivery techniques as well as provide valuable experience in the administrative duties for their selected sport. This will help the student to better understand the physical demands and the administrative responsibilities for their selected sport. Community Engagement / Service Learning.

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